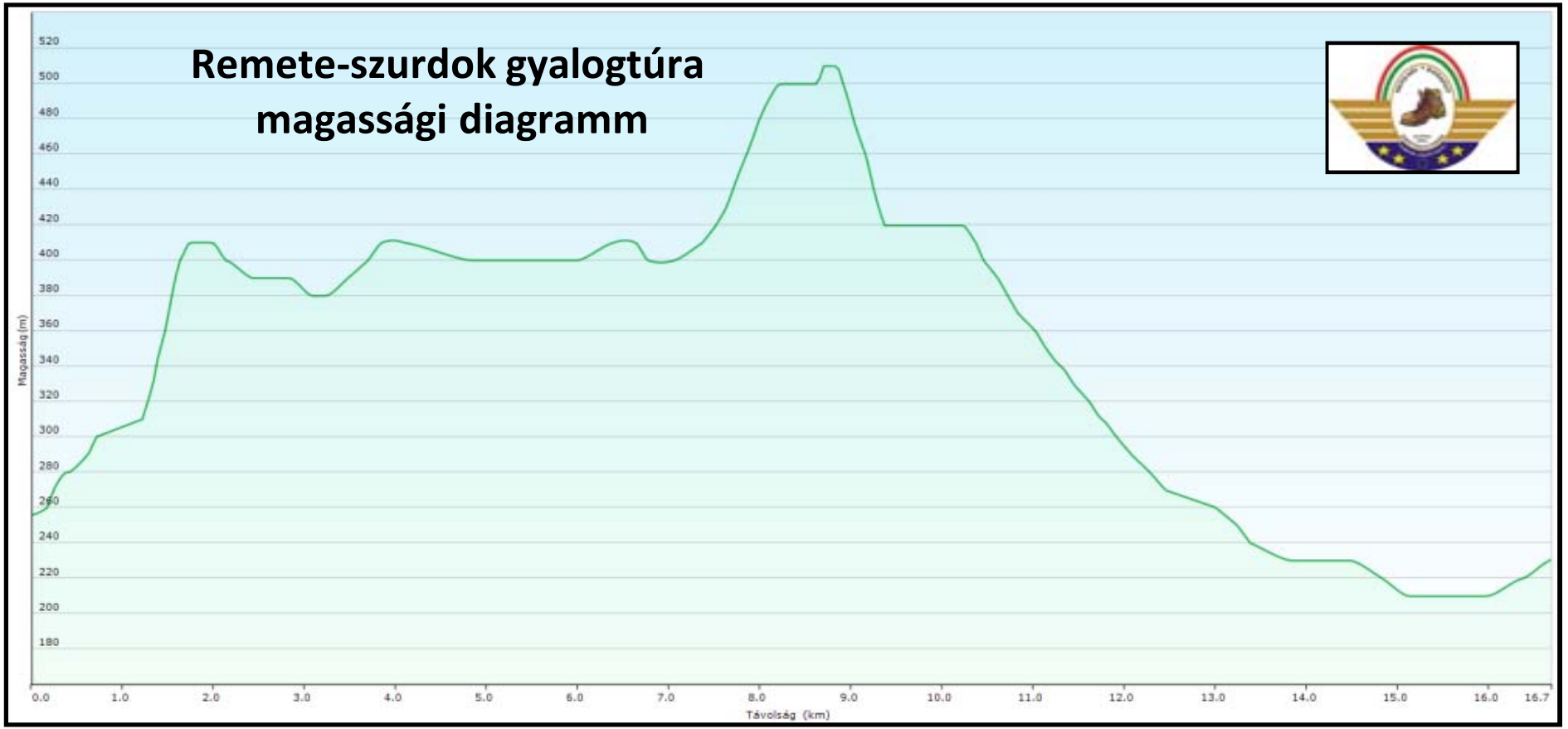Remete-szurdok gyalogtúra magassági diagramm